

More About Rocky Mountain Youth Sports

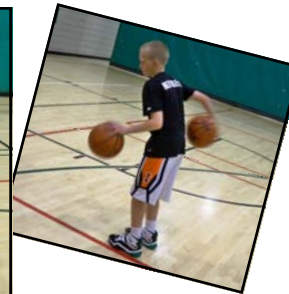
Rocky Mountain Youth Sports (RMYS) is a 501c3 non-profit organization that is dedicated to advancing the game of basketball through a solid organization that focuses on character and skill development.

RMYS programs are open to boys and girls from any school or community. We provide opportunities for developing basketball players through Personal Basketball Training, camps, clinics and various teams. RMYS is home of Rocky Mountain Fever, Premier Club Basketball teams for current 4-11th grade players during the Spring/Summer months. In addition RMYS organizes junior teams for 4-8th grade players during the Fall/Winter basketball season. RMYS also offers basketball camps for PreK-5th grade.

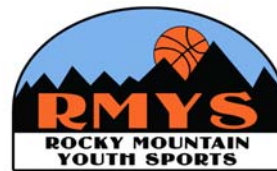
Visit www.RMYouthSports.com to learn more. Join our contact list to be notified of basketball activities offered by RMYS.



Training One of Country's Top Centers; 6'11" Player Headed to The Big East Conference

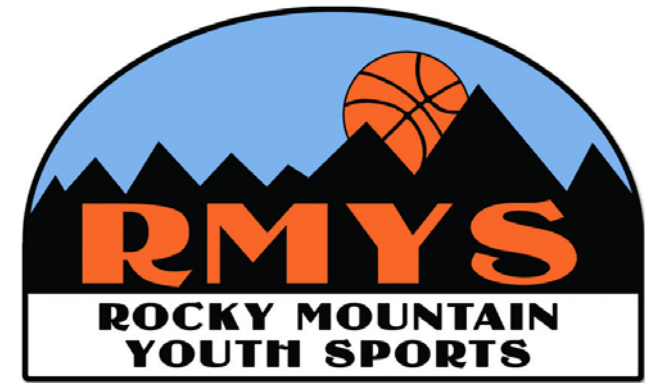


Training Adidas Jr. Phenom Top 100 Player & iHoops Skills Challenge (NBA/NCAA) Denver Nuggets Regional Finalist



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Personal Basketball Training

for Elementary to High School Boys & Girls



Why Personal Training?

There seems to be a significant drop in the importance of teaching the fundamental basketball skills at all levels in America. In a typical individual or team camp setting, players often do not receive the one-on-one attention they are paying for as they are shuffled from one drill to the next and from one coach to the next. If a player struggles in a particular skill, it is often ignored or unidentified, and normally it goes unaddressed so it cannot be improved on.

Personal training allows our Player Development Coordinator to work with players at a pace that promotes permanent change and players have a better opportunity to develop a strong foundation in fundamental basketball skills.

All training sessions are structured, challenging, fun, and designed specifically for each player to maximize their workouts in the most effective, efficient way possible while increasing their basketball IQ. Players benefit from exceptional training, motivation and encouragement to help them reach their goals.



Hourly Training Sessions

We offer **one hour training sessions** to assist players in improving their basketball skills. Training Sessions will focus on a specific basketball skill like shooting, ball-handling, passing, offensive development, defensive development, rebounding, and basketball specific fitness training.

1 Hour Training Session \$45.00
(15% current Fever player discount available)

Training Packages

We offer **5 or 10 Session Training Packages** for those that want to maximize their training. Each package includes a skill and fitness evaluation. Based on the evaluation, our Player Development Coordinator will work with the player to determine personal, realistic goals and then create and implement a training program to help the player reach those goals.

Training with our Player Development Coordinator on a more consistent basis with a **5 or 10 Session Training Package** can help you maximize your results and benefit from consistent encouragement, exceptional training and being held accountable for your training.

Players that participate in a **5 or 10 Session Training Package** will receive a RMYS t-shirt and training guidebook full of valuable information.

5 Session Training Package: \$200.00
(10% current Fever player discount available)

10 Session Training Package: \$350.00
(10% current Fever player discount available)

Small Group Training

Benefit from semi-individualized training by working with a partner. Focus is still placed on improving each players skills but you are able to benefit from training with a player of comparable ability and small group pricing.

Small Group (2 players)

90 minute Training Session \$35.00 per player
(10% current Fever player discount available)

5 Session Small Group Training Package:

\$160.00 per player (10% current Fever player discount available)

10 Session Small Group Training Package:

\$300.00 per player (10% current Fever player discount available)



Player Development Coordinator Marty Bertolette

Marty has **worked with current and former professional and collegiate basketball players** that have benefitted from his training. He enjoys **working with players at all levels** and helping them to reach their basketball goals, whether it's making a middle school team, JV, Varsity, or one day playing in college.

Playing & Coaching Experience:

20 years playing experience

Over 10 years coaching experience

Highly Awarded Collegiate & High School Player

PacWest Conference All-Conference Selection ('93-'94)

** 2nd in Three Point %; 48.45%

** 4th in Assists 5.11 per game